

# HEALTHY CHOICES

## MEAL DEALS



### Healthy Choice Pre-Game Snack Combo

Low Fat Yoghurt

\$ 4.00

Fresh Fruit

Bottle of Water



60% of adults and 25% of children and adolescents in Australia are classed as overweight or obese. Ditch the chips and chocolate and try our Healthy Choice Snack Combo instead!

# HEALTHY CHOICES

## MEAL DEALS



### Healthy Choice Summer Sport Meal Deal

Grilled Chicken and Salad Wrap

\$6.50

Fresh Fruit

Bottle of Water



Red labelled foods can contribute to excess kilojoule intake. For the Healthy Choice Alternative Choose Green Labeled Foods.