


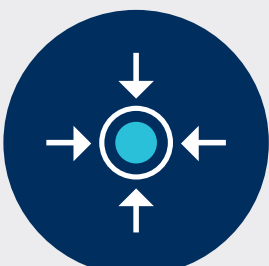

# Are You On Board? Call To Action

Over 1 million Victorians have a disability, yet only 27% of those people are involved in sport related physical activity.<sup>1</sup>

Vicsport's *Are You On Board?* campaign makes the case for Victorian sport organisations to do more to be inclusive of people with a disability. The videos and podcasts available at [vicsport.com.au/are-you-on-board](https://vicsport.com.au/are-you-on-board) argue that to increase disability participation in sport, there is a need for greater leadership and organisational culture change, support for grassroots clubs, and incorporation of Universal Design principles into the design of sport activities.

Go online to read, listen and watch. There are many resources to help educate you about disability inclusion. Visit [vicsport.com.au/are-you-on-board](https://vicsport.com.au/are-you-on-board) to access the Are You On Board? videos and podcasts.

## Are You Ready To Act?

	<b>First, do your homework</b>	<p>To start, go to <a href="https://vicsport.com.au/are-you-on-board">vicsport.com.au/are-you-on-board</a> to view the videos and listen to the podcasts.</p>	<p>Have conversations with people with a disability, and ask them about their needs and motivations to play sport.</p>	<p>Define your sport's value proposition: what does your sport offer to people with a disability?</p>
	<b>Help your staff and members learn too</b>	<p>Organise for your board and staff to participate in a disability awareness training program.</p>	<p>Share Vicsport's Are You on Board videos with your staff and your members.</p>	<p>If your organisation already successfully includes people with a disability in your sport, share success stories among clubs and communities.</p>
	<b>Talk about disability inclusion and keep talking</b>	<p>Show Vicsport's Are You on Board videos at your next board or staff meeting.</p>	<p>Discuss with your board and staff why it's great to increase participation by people with a disability.</p>	<p>Identify current or future board members who have expertise with disability inclusion.</p>
	<b>Make inclusion part of your core business</b>	<p>Reference the inclusion of everyone in your vision and mission statements.</p>	<p>In your organisation's strategic plan, have clear objectives for growing participation by people with a disability.</p>	<p>Make inclusion the responsibility of everyone in your organisation by building inclusive targets into each staff member's KPIs.</p>
	<b>Get support and give support</b>	<p>Meet with a disability sport organisation to discuss how you can work together. (<a href="https://vicsport.com.au/are-you-on-board">vicsport.com.au/are-you-on-board</a>)</p>	<p>Meet with a Local Government Authority to discuss how you can work together in each local area.</p>	<p>Work with a <b>Regional Sports Assembly</b> to promote disability participation in regional Victoria.</p>

1- Australian Bureau of Statistics, Disability, Ageing and Carers, Australia: Victoria, 2015