

Are You On Board? Disability Statistics

Vicsport's *Are You On Board?* campaign makes the case for Victorian sport organisations to do more to be inclusive of people with a disability. Here are some statistics which put the challenge into perspective.

What can I do?

The videos and podcasts available at vicsport.com.au/are-you-on-board argue that to increase disability participation in sport, there is a need for greater leadership and organisational culture change, support for grassroots clubs, and incorporation of Universal Design principles into the design of sport facilities and programs.

Visit vicsport.com.au/are-you-on-board to access the *Are You On Board?* videos, podcasts and 'call to action'.

living with a disability
is common in Victoria

1 in 5 people
(over 1 million)
have a disability¹



19.4%
of females

+

17.6%
of males

have a disability

disability rates
increase with age¹

8.8%
aged 15-24



32.4%
aged 60-64

trends

participation trends show that, like the broader population, people with a disability are more likely to participate in accessible sport and recreation activities, such as:



walking / swimming / gymnasium workouts
/ cycling / aerobics³



Two-thirds of disabilities
are mobility conditions which
make people even less likely
to participate in physical
activity.³

1 in 5
young people with a disability
experience discrimination,
compared to

1 in 50
people aged 65 & over

just 58% of people
with a disability in Victoria
participate in exercise or
active recreation¹

[just 27%]
of people with a disability in Victoria
participate in sport-related
physical activity¹

there is demand!

75%

of people with a disability who
play sport, **want to play more**²