ADVENTURES

Friday 1 February

Phillip Island Penguin Parade | \$95

Departs: 3pm (CSS), 3.30pm (BALC) Includes afternoon tea, penguin parade and two-course dinner.

Thursday 14 February

Wonthaggi Desalination Plant day tour | \$70

Departs: 8am (CSS), 8.30am (BALC) Includes morning tea, tour and two-course lunch at the Wonthaggi Golf Club.

Sunday 3 March

Yarra Glen market | \$35 Departs: 8am (CSS), 8.30am (BALC) *BYO lunch or purchase at the market.*

Thursday 14 March

Ballarat Begonia Festival | \$65

Depart 7.50am (BALC), 8.20am (CSS), 9am (SALC) Includes morning tea, entry into the Begonia Festival and a two-course lunch at Ballarat Leagues Club.

Thursday 18 April

Corio Bay Cruise | \$70 Departs 8.30am (CSS), 9am (BALC) Includes a one-hour morning tea cruise and lunch at the Gateway Hotel.

Saturday 4 May

Red Hill Community Market | \$35 Departs 8am (CSS), 8.30am (BALC) BYO lunch or purchase at the market.

Thursday 16 May

Tram boat cruise to Maribyrnong | \$90

Departs 8.30am (CSS), 9am (BALC) Includes morning tea, 3.5-hour lunch boat cruise to Maribyrnong.

Thursday 20 June

Potatoes paddock to plate | \$75 Departs 8am (CSS), 8.30am (BALC) Includes morning tea, guided tour and all-you-can-eat roast lunch.

Thursday 18 July

the Healesville RSL.

Puffing Billy and Healesville Sanctuary | \$80 Departs 8.30am (CSS), 9am (BALC) Includes morning tea, Puffing Billy, entry into Healesville Sanctuary and two-course lunch at

Thursday 15 August

Ballam Park Homestead | \$60

Departs 8.30am (CSS), 9am (BALC) Includes morning tea, tour and an all-you-can-eat buffet lunch at Frankston Foodstar.

Thursday 19 September Around the Bay | \$75

Departs 8am (CSS), 8.30am (BALC) Includes morning tea, ferry cruise and a two-course lunch at the Queenscliff Bowling Club.

Thursday 17 October

Around the Bay in Geelong | \$75 Departs 8am (CSS), 8.30am (BALC) Includes morning tea, ferry cruise and a buffet style lunch at the Gateway Hotel.

Thursday 14 November

Echuca paddle steamer and silos | \$100 Departs 7.30am (BALC), 8am (CSS) Includes morning tea, river cruise and lunch on a paddle steamer.

Thursday 21 November

Creswick Woollen Mills day trip | \$70

Departs 7.20am (BALC), 7.50am (CSS), 9am (SALC) Includes morning tea, wool mill guided tour and a two-course lunch at the Ballarat Leagues Club.

Thursday 5 December

Goulburn River Cruise | \$90 Departs 8.30am (BALC), 9am (CSS) Includes morning tea and a 2.5 hour lunch river cruise.

Thursday 12 December

Surprise Christmas adventure | \$50 Departs 9am (BALC), 9.30am (CSS) Includes morning tea, entertainment and Christmas two-course meal.









Pickups and returns:

Craigieburn Sports Stadium (CSS), 127 Craigieburn Road, Craigieburn Broadmeadows Aquatic and Leisure Centre (BALC), 41-85 Tanderrum Way, Broadmeadows Sunbury Aquatic and Leisure Centre (SALC), 20 Ligar Street, Sunbury

HUME CITY COUNCIL LEISURE CENTRES ACTIVE AGEING 2019



PERFORMANCES

School of Rock | \$87

Wednesday 6 February

(Bookings and payments must be made by 23/12/2018) Price includes bus fare and tickets with seats located in the stalls (no stairs to be climbed). BYO lunch or purchase at the theatre.

Pickups and returns:

BALC: pickup 10.30am, return 4.15pm **CSS:** pickup 10am, return 4.30pm **SALC:** pickup 9.30am, return 5pm

Evita (Starring Tina Arena) | \$110 Friday 22 February

Bookings and payments must be made by 10/1/19. Price includes bus fare and tickets with seats located in the stalls (no stairs to be climbed). BYO dinner or purchase at the theatre.

Pickups and returns:

BALC: pickup 4pm, return 10.30pm CSS: pickup 3.30pm, return 10.45pm SALC: pickup 2.30pm, return 11.15pm

Barnam The Musical | \$87

Wednesday 8 May

Bookings and payments must be made by 15/3/19. Price includes bus fare and tickets with seats located in the stalls (no stairs to be climbed). BYO lunch or purchase at the theatre.

Pickups and returns:

BALC: pickup 10.30am, return 4.15pm **CSS:** pickup 10am, return 4.30pm **SALC:** pickup 9.30am, return 5pm

Jersey Boys | \$92

Wednesday 29 May

Bookings and payments must be made by 18/4/19. Price includes bus fare and tickets with seats located in the stalls (no stairs to be climbed). BYO lunch or purchase at the theatre.

Pickups and returns:

BALC: pickup 10.30am, return 4.15pm **CSS:** pickup 10am, return 4.30pm **SALC:** pickup 9.30am, return 5pm

Muriel's Wedding | \$105 Wednesday 5 June

Bookings and payments must be made by 1/5/19. Price includes bus fare and tickets with seats located in the stalls (no stairs to be climbed). BYO lunch or purchase at the theatre.

Pickups and returns:

BALC: pickup 10.30am, return 4.15pm CSS: pickup 10am, return 4.30pm SALC: pickup 9.30am, return 5pm

LIVE ENTERTAINMENT AND AFTERNOON TEAS

Friday 10 May, 1pm – 3pm Broadmeadows Aquatic and Leisure Centre 41-85 Tanderrum Way, Broadmeadows \$ 9205 2670

Friday 2 August, 1pm – 3pm Splash Aqua Park and Leisure Centre 60 Central Park Avenue, Craigieburn 9356 6800

Friday 16 August, 1pm – 3pm Sunbury Aquatic and Leisure Centre 20 Ligar Street, Sunbury 9356 6820

Bookings essential.

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Zumba Gold | \$7

Fitness dance/exercise program designed for active older adults. BALC: Wednesday, 12pm – 1pm SALC: Friday, 11.05am – 12pm

Yoga-Laties | \$6

Yoga and Pilates combined class. All abilities and strengths welcome. BALC: Tuesday, 11.30am – 12.30pm

Dance Excercise | \$5

Move and groove to your favourite tunes. **SALC:** Friday, 10am - 11am

Chair Dance | \$5

Learn dance routines whilst sitting or with the aid of a chair. Great workout whilst having fun. BALC: Monday, 11.30am – 12.30pm, Friday, 11.30am – 12.30pm SALC: Tuesday, 10am – 11am

Water Exercise for Arthritis | \$5

Designed to help people that suffer with arthritis. Delivered by Dianella Community Health Services. **BALC:** Wednesday and Thursday, 2.45pm – 3.45pm

Carpet Bowls | \$4.50

A fun and exciting way to keep the body and mind active. Includes morning tea. **BALC:** Friday, 10am – 12pm

Work-It | \$5

Work-It is an exercise program that provides the opportunity for people with a disability to get active. Join for the dancing, stay for the laughs! **SPLASH:** Monday and Friday,10.30am – 11.30am

Chair Exercise for Arthritis | \$4

Great for those looking to have fun, tone muscles and get fit while sitting on a chair. Delivered by Dianella Community Health Services. BALC: Thursday 12.50pm – 1.50pm

Swim, Sauna and Spa | \$5

A time to relax and chill out. BALC: Monday to Friday, 1pm - 3pm SALC: Monday to Friday, 8am - 9am & 1pm – 3pm

Line Dancing & More | \$5

Get fit and have a fantastic time while enjoying a variety of line & other dance styles. BALC: Thursday, 9.30am - 10.30am SPLASH: Monday, 12.30pm - 1.30pm

Crafty Sisters | \$2

A fun and exciting way to keep your mind and fingers working and having a friendly chat all at the same time. Includes cuppa, biscuits and all materials.

BALC: Monday, 9am – 12pm Friday, 10am – 2.30pm

Green Thumbs | \$2

Potter around in our community garden, the perfect place to relax, swap ideas, make new friends and grow produce. Cuppa, biscuits and all materials supplied **BALC:** Monday 9am – 12pm Friday 10am – 2.30pm

